



## STARTERS

### L'Mida Caesar Salad 85 dhs

*Lettuce, pulled chicken, tomato, apples, eggs, crispy harissa chickpeas, persillade*

### Beetroot and orange blossom salad 65 dhs

*Orange segments, feta, lettuce, candied walnuts*

### Buratta & taktouka mechouia 90 dhs

*Grilled bell peppers and tomatoes, pine nuts, parsley olive oil*

### Moroccan kefta meatballs 80 dhs

*Spiced minced meat, piri piri sauce, yoghurt and mint*

### Bresaola & roasted fennel 90 dhs

*Parmesan, roquette, balsamic vinegar, amlou*

### Vegan hummus kawarma 75 dhs

*Fragrant cauliflower, parsley olive oil*

### Smoked Zaalouk 60 dhs

*Eggplant, fresh tomatoes, feta, pistachio and batbout*

### Cheese briouates 75 dhs

*Jeben, preserved lemon, mint, honey, sesame seeds*

### Lentil croquettes 65 dhs

*Preserved lemon scented tomato sauce, small vegetables, crumbled feta and basilic*

## DESSERTS

### Carrot cake 65 dhs

*Nuts, cinnamon and ras el hanout*

### Chocolate layer cake 65 dhs

*Amlou buttercream and caramel sauce*

### Cookie Monster (baked for 15 minutes) 75 dhs

*Warm cookie, Moroccan mint tea chocolate coulis, served with a scoop of ice cream*

### Moroccan yogurt 45 dhs

*Amlou, caramelized nuts, almonds, grapes*

### Assortment of ice cream (3 ice cream scoop) 65 dhs

## MAINS

### Tajine brania with chicken 100 dhs

*Caraway seeds, eggplant and caramelized onions served with plain couscous*

### Vegetarian pastilla 90 dhs

*Chickpeas, scrambled eggs, roasted almonds, ras el hanout onion confit*

### Sea bream poke bowl with sweet and sour chermoula sauce 140 dhs

*Zucchini noodles, tomatoes, radish, avocado and furikake*

### Chicken skewers 110 dhs

*Apricot and thyme chicken teriyaki style glaze, sesame seed and chives, mint and citrus coleslaw, rissolées potatoes*

### Pulled mechoui 140 dhs

*Lamb shoulder, green beans, lentils, pumpkin, mint yoghurt sauce*

### Fish Tajine 130 dhs

*Fish of the day, chermoula, potatoes, eggplant, zucchini and cherry tomatoes*

### 7 vegetables vegan couscous 100 dhs

*Saffron and vegetable broth, green couscous with herbs and pistachio*

### L'mida burger 120 dhs

*Spiced beef patty, cinnamon caramelized onions and tomatoes, rissolées potatoes and harissa mayonnaise*

### Gnocchi Berber 95 dhs

*Beurre noisette and garlic confit, tajine style tomato sauce, soft boiled egg, pangrattato.*

### Children menu 80 dhs

*Mini beef patties, vegetables, rissolées potatoes, ice cream scoop (chocolate, vanilla)*

## SIDES

### Mint and citrus coleslaw 25 dhs

### Rissolées potatoes 25 dhs

### Green couscous with herbs and pistachio 35 dhs

### Vegetables 30 dhs

Wifi : Lmida  
Password : ladiesfirst  
'cause it is a WOMEN's world ;)



L'mida Marrakech



## TEAS AND INFUSIONS

Mint tea	20 dhs
Verbena	25 dhs
Spiced tea	30 dhs
Lemon & fresh ginger tea	30 dhs
Chai tea latte	30 dhs
Iced tea	25 dhs

## COFFEE

<b>Ethiopia Moka coffee (Sidamo) - Organic and fairtrade</b> <i>Very distinguished coffee, with apricot notes</i> Strength: 3,5/5 Tart notes: 3,5/5 Bitter notes: 3,5/5	30 dhs
<b>Sul de minas Brazilian Coffee (The best Grand Cru in Brazil)</b> <i>Strong and generous coffee with a silky bitterness which appears thanks to its good length on the palate</i> Strength: 3/5 Tart notes: 2/5 Bitter notes: 3/5	30 dhs
<b>La Grande Réserve - 100% Arabica</b> <i>Voluptuous and elegant coffee, melting different arabicas with a fine, aromatic and fruity taste</i> Strength 3/5 Tart note 3,5/5 Bitter note 2/5	30 dhs
<b>Deca Aqua decaffeinated coffee - Organic and fairtrade</b> <i>Soft and natural, water decaffeination slowly removes caffeine without the use of any chlorate solvent nor gaz</i> Strength: 2,5/5 Tart notes: 2/5 Bitter notes: 2,5/5	30 dhs
Iced coffee	25 dhs
Spiced coffee	30 dhs
Nous nous	25 dhs
Cappuccino	30 dhs
Hot Chocolate	25 dhs

## L'MIDA SIGNATURE MOCKTAILS

<b>L'MIDA</b> <i>Cucumber, lime, cilantro</i>	50 dhs
<b>MARHBA</b> <i>Raspberry, basil, lemon juice</i>	50 dhs
<b>BESEHA</b> <i>Green pepper, cucumber and apple</i>	50 dhs
<b>CHREB OCHOUF</b> <i>Orange blossom, ginger, sparkling water</i>	50 dhs
<b>MARRAKECH PACHO</b> <i>Tomatoe, cucumber, pepper, garlic, olive oil, harissa</i>	50 dhs

## FRUIT JUICES

Seasonal fruit juice	35 dhs
Orange juice	30 dhs
Minty lemon juice	35 dhs
Carrot, orange & apple	35 dhs

## MINERAL WATERS

Still water 0,5L	15 dhs
Still water 1,5L	30 dhs
Sparkling water 0,5	15 dhs
Sparkling water 1L	30 dhs

## FIZZY DRINK

Coca Cola	25 dhs
Coca Cola Zero	25 dhs
Sprite	25 dhs
Orangina	30 dhs
Schweppes Lemon	25 dhs

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